

Afloat Recreation Program Management

Learner Workbook

BASE TOUR

PURPOSE:

- Successfully utilize Morale, Welfare & Recreation (MWR) Resources
- Promote available MWR Programs
- Network with MWR Team and other Learners

FLEET READINESS (N92)

Fleet Readiness is comprised of Morale, Welfare and Recreation (MWR) Programs, official and recreational lodging, ashore galleys, Child and Youth Programs (CYP) and the Navy Voting Assistance Program. Fleet Readiness delivers high quality, customer-focused programs and services that contribute to military retention. MWR is comprised of several major programs: Fitness, Sports and Deployed Forces Support; Community Recreation and Liberty; Entertainment Services including Bowling Centers, Golf, Marinas, Movie Theaters and Food & Beverage operations.

NAVY FITNESS, SPORTS AND DEPLOYED FORCES SUPPORT

Fitness

Program delivery is attained via a worldwide network of facilities and trained fitness professionals. The delivery infrastructure includes, but is not limited to:

- Full-service fitness centers which comply with Department of Defense (DoD) Fitness Center standards
- Aquatics facilities
- Outdoor fields and courts

- Trained MWR professionals who deliver Navy-wide programs, such as the OPNAV-required Command Fitness Leader (CFL) Certification Course, available at every shore installation via MWR trainers.
- Navy Operational Fitness and Fueling System (NOFFS) offers a packaged fitness program that removes the guesswork and helps Sailors progress from any fitness level to a high level of operational performance. Injury prevention and operational effectiveness are the focus of this program. Each series was designed to accommodate all shipboard platforms and corresponding space and equipment constraints. Training is provided by trained MWR Fitness professionals and via NOFFS mobile applications.
- Mission Nutrition is a standardized nutrition education course delivered to Sailors, families and DOD civilians via trained MWR Fitness professionals. The focus of this program is to provide attendees with scientifically sound information and the practical skills to implement healthy nutrition practices in their busy lives.

All-Navy Sports

Sailors who possess the athletic skills to compete above the intramural level in team or individual sports have the chance to represent the Navy at higher-level athletic competitions through the All-Navy Sports Program.

All-Navy teams participate in the Department of Defense's Sports Program and compete in the Armed Forces Sports Championships. Following interservice competition, the very best Navy athletes may be selected to compete as members of the All-Armed Forces Team, and participate in the Military World Games, national and international competitions.

The All-Navy Sports Program fields All-Navy teams in boxing, bowling, cross country, wrestling, basketball, soccer, triathlon, volleyball, softball, golf, rugby, and marathon. The All-Navy Sports Program also assists athletes who participate at the national or international level in activities that are not normally offered on a base, such as rowing,

archery and shooting. Additionally, Armed Forces teams may be fielded to compete in international competitions such as Taekwondo, shooting, sailing, cycling, and Judo.

Deployed Forces Support

MWR's Deployed Forces Support (DFS) Program enhances the quality of life of Sailors and Marines at sea and at forward-deployed Navy ground locations. Sports, recreational programs, physical fitness equipment, social activities (parties/picnics), tours, subsidies/rebates, and gear locker checkout are just a few of the morale-enhancing opportunities offered.

Deployed Forces Support Coordinators (DFSCs) are located at major fleet concentration areas throughout the world, and assist ships and forward-deployed ground forces with programming, financial management, recreation administration, procurement, and property management. DFSCs are civilian recreation and fitness professionals exclusively dedicated to supporting the MWR needs of the fleet and forward-deployed ground forces.

The *Afloat Recreation Program Management* Learning Event prepares shipboard MWR Recreation Service Officers (RSO) and Recreation Funds Custodians (RFC), afloat recreation civilians and shipboard internal fiscal oversight board members to manage finances, administer recreation programs and prepare for Afloat Program inspections. The Navy's MWR Civilian Afloat Program is comprised of Recreation Specialists (Fun Bosses) and Fitness Specialists (Fit Bosses) who serve on aircraft carriers, amphibious assault ships and hospital ships. These Fit and Fun Bosses work together to provide recreation and fitness programs for shipboard Sailors.

RECREATION

Liberty Program

The Liberty Program supports the junior Sailor's personal growth with recreational opportunities and social development with trips, themed activities, competitions,

leisure skills and knowledge development, community-wide events, entertainment and special interest activities. Although the program's primary customer is the junior Sailor, geo-bachelors, spouses of junior Sailors and guests over the age of 18 can utilize the program where space permits.

Liberty is also your point of contact for greens spaces, parks and picnic areas and fleet recreation information when visiting installations without a Deployed Forces Support Office.

Navy Entertainment Program

Provides quality, live entertainment for Sailors stationed overseas and on deployed ships at sea; assists CONUS locations with talent referral and production of shows; and partners with United Service Organizations (USO) and Armed Forces Entertainment (AFE) when possible, to bring the largest number of shows to the most locations.

Navy Libraries/Library Program

Traditional library services are offered at many Navy installations. The Navy MWR Library Program also outfits new ships with a complete library and provides library materials to the fleet as funding is made available. The Navy MWR Library Program recently developed the Navy e-Reader Device (NeRD) to meet the needs of the fleet. All eligible patrons may also sign up in a MWR Facility for the Navy Digital Library program.

Community Recreation

These programs engage customers by providing recreational programs and services in the areas of outdoor recreation, community events, discount tickets to attractions and vacation bookings, leisure skills development, recreation equipment rentals, parks and picnic areas, and information and referral to a variety of recreational offerings in the local area.

Marina Program

Encourages responsible boating practices and provides skills development and instruction to further promote boating; provides berthing, mooring and equipment rental services, as well as other on-water activities, such as fishing and sailing.

ENTERTAINMENT SERVICES

Navy Motion Picture Service (NMPS)

Watching movies is one of the most popular leisure activities provided by Navy MWR to Sailors at sea. The Navy's movie program supports deployed forces via mobile movie equipment packages for ships and shore units, as well as special movie presentations.

NMPS uses the Navy DVD (NDVD) program to provide movies to sites worldwide and many bases on Digital/3-D Cinema Projection (DCP). In addition to the Navy, NMPS also provides movies to USMC, USCG, MSC, USAF, and NOAA ships.

Occasionally, special sneak previews are coordinated with the film industry and other government agencies, and are shown the week before the movie's commercial release.

Bowling

Operations range from two lanes to 40 lanes in modern facilities with electronic scoring, sound and lights. Bowling lessons, youth/adult league play, birthday party programs, and pro shops are also available.

Golf

Provides a wide range of attractive golf courses in the U.S. and overseas designed and maintained to attract players of all skill levels. Navy Golf Courses offer driving ranges, lessons, tournament play, clubhouse dining, and pro shops.

MWR FOOD AND BEVERAGE PROGRAM

With operations worldwide, MWR's Food and Beverage Program includes a variety of concepts, ranging from full-service clubs to quick-service restaurants in on-base clubs, catering and conference centers, pubs, delis, coffee shops, and nightclubs. More than 100 branded concepts are located throughout the Navy, including Chili's Grill and Bar, Guinness Irish Pubs, Sam Adams Brewhouse, SPINZ, Hot Stuff Foods, and Starbucks *We Proudly Brew*. Growing team strength through training is supported by partnering with Food and Beverage industry recognized organizations, such as the National Restaurant Association, Culinary Institute of America, American Culinary Federation, International Foodservice Manufacturers Association, and International Military Community Executives Association, is paramount in the pursuit of industry recognized certifications and training programs.

LODGING

Navy Gateway Inns and Suites

Navy Gateway Inns and Suites (NGIS) is the official and preferred lodging choice for all temporary duty (TDY) travelers. NGIS provides a professionally managed, business-based lodging program that contributes to mission readiness by offering quality lodging and services for a mobile military community, while keeping official travel costs to a minimum.

NGIS offers lodging services for individual and group TDY travelers, active-duty and retired military personnel, Reservists, DOD civilians, sponsored guests, and travelers in a leisure status, if space is available. NGIS in-room amenities include free Internet service, free premium cable TV, coffee, newspapers, refrigerator, microwave, guest laundry, business center, fitness room, and housekeeping. NGIS also offers handicapped-accessible guest rooms and all rooms are non-smoking rooms. To ensure DOD travelers' needs are met, NGIS at select locations has partnered with commercial hotels to offer rates at or below per diem, while providing safe and secure lodging that meets DOD

lodging standards. Specific commercial lodging information will be provided when making reservations to ensure the closest proximity to installations or assignment. For reservations, call 1-877-NAVY-BED or visit <http://dodlodging.net>.

Navy Getaways (RV Parks, Campgrounds and Vacation Rentals)

Whether travelers are planning a family vacation, a get together, or a weekend getaway, Navy Getaways provides leisure accommodations and exciting recreational getaway experiences to all active-duty and retired military personnel, reservists, and DOD civilians.

With sites worldwide, Navy Getaways offers affordable accommodations at prime locations that vary from rustic and simple to sophisticated comfort. Locations include cabins, cottages, RV sites, townhomes, tent sites and resort-style vacation rentals -- all available for your enjoyment. Most sites offer barbecue areas, laundry, bathhouses, children's play areas, game rooms, community centers, and some even offer swimming pools! For reservations or more information, visit www.navygetaways.com or call 1-877-NAVY-BED.

Fisher House Program

The mission of the Navy Fisher House Program is to provide a home away from home for wounded, ill, and injured service members and their families. These homes enable family members to be close to a loved one at the most stressful time – during hospitalization for an unexpected illness, disease or injury. There are 10 Navy Fisher Houses: five houses at Naval Support Activity Bethesda, home of Walter Reed National Military Medical Center in Bethesda, Maryland; two houses at Naval Medical Center (NMC) San Diego, California; one house at NMC Portsmouth, Virginia; one house at Marine Corps Base Camp Lejeune, North Carolina; and one house at Naval Hospital Camp Pendleton, California. Fisher Houses operate under a specific eligibility requirement process. Physicians, nurses, chaplains, social workers, the American Red Cross, case managers and/or patient administration may prepare referrals.

GALLEYS

Ashore Galley Program

The cooks and food service professionals working in Navy Galleys around the world are committed to providing nutritious meals offering variety of choices. To ensure menu options are well-rounded, all menus are graded by a nutritionist, and seasonal and regional items are incorporated when available.

Continual training and skill development is the key to success in order to provide 28 million meals annually. The cooks receive training in a number of ways: in-house chefs, courses at culinary schools, American Culinary Foundation certification courses, and on-site training and skill development. Culinary demonstrations and competitions provide opportunities for military cooks to demonstrate the skills they have acquired.

CHILD AND YOUTH PROGRAMS

Navy Child and Youth Programs (CYP) provide high-quality educational and recreational programs for children and youths. Teams of caring, knowledgeable professionals plan developmentally-appropriate programs that are responsive to the unique needs, abilities and interests of children. CYP's worldwide programs are part of the DOD military child care and youth development system.

Military children face more than the usual challenges of growing up, such as moving every few years and establishing new friendships, while worrying about family members who have been deployed. Navy CYP provide children and families with trusted programs and services that assist in coping with these challenges, making the difference between stress and success. Programs and services are specifically designed and operated to meet the unique needs of the military mission, service members and their families. The Navy CYP delivery system consists of:

Child Development Centers

Provide quality child development programs for children ages 6-weeks to 5-years in CDCs worldwide. Centers are accredited by the National Association for the Education of Young Children.

24/7 Program

Provide quality child/youth development programs for children ages 6-weeks to 12-years to support single and dual military parents, who are assigned as watch standers, shift workers, or other military work assignments assigned non-traditional work hours at fleet concentrated installations.

Child Development Homes

Offer quality care in a loving, learning home environment for children ages 4-weeks to 12-years. The flexible hours, 24/7 care, low child-to-adult ratios, and convenient locations make this a viable option for families whose normal workday is anything but normal. All homes are certified by the Navy Child Development Program.

School-Age Care Programs

Provide quality before and after-school programs and camps for children ages 6 to 12-years in centers worldwide. Centers are nationally accredited by the Council on Accreditation.

Youth and Teen Programs

Offer developmental and recreational programs that provide a safe place to learn and grow – all while having fun. CYP operates Youth Centers worldwide. All programs are affiliated with the Boys and Girls Club of America and 4-H.

Child and Youth Education Services

These services help level the playing field for transitioning students by preparing schools and installations to respond confidently to the complexities of transition and

deployment. Families are provided the assurance that their children's academic well-being is a Navy priority.

Youth Sponsorship Program

This program creates a ready community by connecting school based programs to installation-based Youth Programs.

Community Based Fee Assistance

Offers fee assistance at community child care programs to active duty and civilian U.S. Navy parents who do not have access to a DOD childcare facility due to remote assignment or CYP waitlist.

OTHER COMMUNITY SUPPORT

Navy Voting Assistance Program

The Navy Voting Assistance Program (NVAP), in conjunction with the Federal Voting Assistance Program (FVAP), provides voting assistance to all Navy personnel and their families around the world. The program ensures that all Navy personnel understand the absentee voting process, are encouraged to exercise their right to vote, and are informed of all upcoming elections.

Every Navy command has a Unit Voting Assistance Officer (UVAO), and every installation has an Installation Voter Assistance Office. CNIC is the Navy's Senior Service Voting Representative. Each branch of the military has a similarly structured Voting Assistance Program.

For more information, contact your command VAO or visit the FVAP website at www.fvap.gov. FVAP's website is a one-stop shop for all things voting related.