

Afloat Recreation Program Management

NAVY AFLOAT RECREATION & FITNESS (SHIPBOARD) STANDARDS

AFLOAT RECREATION & FITNESS (SHIPBOARD) STANDARDS FOR AN LHA

Metric 1.1 Percent Compliance with Staffing Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Position Title	Compliance	Possible Points	Actual Points
LHA MWR DIVISION			
Afloat Fitness Specialist NF 4 or Afloat Recreation Specialist NF 4		10	
Recreation Services LCPO (E7 or above)		8	
Recreation Assistant (YN)		4	
Recreation Assistant (ET/MM E5 or above)		6	
Recreation Assistant (ET/MM E5 or above)		6	
Recreation Assistant		5	
Recreation Assistant		5	
Recreation Assistant		5	
LHA/LHD COLLATERAL DUTY POSITIONS			
Recreation Services Officer		8	
Recreation Fund Custodian		8	
Command Fitness Leader		6	
Athletics Officer	Recommended	0	
Library Officer	Recommended	0	
Movie Officer	Recommended	0	
Fitness Equipment Officer	Recommended	0	
Percent compliance with this metric		71	

Metric 1.2 Percent Compliance with Staff Qualification Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Metric		Meet Standard	Possible Score	Actual Score
1.2.1	Civilian Afloat Recreation Specialist has 4-year degree in Recreation Administration or related subject.		10	
1.2.2	Civilian Afloat Recreation Specialist has at least one full year of work experience in a recreation setting.		8	
1.2.3	Civilian Afloat Fitness Specialist has 4-year degree in Health, Fitness or related subject area.		10	
1.2.4	Civilian Afloat Fitness Specialist at least two full years of work experience in a related fitness and health setting.		8	
1.2.5	Civilian Afloat Fitness Specialist has a current fitness certification from an accredited national fitness organization.		10	
	Fitness Specialist position not filled.			
1.2.6	Personnel assigned to the MWR Division have been interviewed and approved by the Afloat Recreation or Fitness Specialist or the Recreation LCPO.		8	
1.2.7	Recreation Services Officer is an E7 or above.		5	
1.2.8	Athletics Officer is an E7 or above.	Recommended	0	
1.2.9	Command Fitness Leader is an E6 or above.		5	
1.2.10	Recreation Fund Custodian is an E7 or above.		5	
1.2.11	Fitness Equipment Officer is an E7 or above.	Recommended	0	
Percent compliance with this metric			69	

Metric 1.3 Percent Compliance with Staff Training Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Metric		Meet Standard	Possible Score	Actual Score
CNIC Afloat Specialist Employees have completed the following:				
1.3.1	N9/Fleet and Family Readiness orientation		3	
1.3.2	<i>Star Service: Creating Stellar Customer Relations</i>		5	
1.3.3	<i>Stellar Service Sells</i>		1	
Afloat Program Specific Events				
1.3.4	CPR/First Aid		8	
1.3.5	<i>CNIC Afloat Recreation Program Management</i>		10	
1.3.6	<i>Cash Handling Series</i>		1	
FFR Learning Events				
1.3.7	<i>Identifying Work Priorities and Setting Verifiable Goals</i>		1	
1.3.8	<i>Coaching for Extraordinary Service</i>		2	
1.3.9	<i>Addressing Emotions at Work</i>		1	
1.3.10	<i>Resolving Conflicts with your Peers</i>		1	
FFR Professional Development Events				
1.3.11	At least one FFR <i>Deliver</i> or <i>Develop</i> event in the past year (until all have been completed.)		1	
Ship's Company has completed the following training				
1.3.12	Recreation Services Officer has completed the required <i>CNIC Afloat Recreation Program Management</i> learning event, (Should be completed prior to put no later than one month after assumption of duties.)		10	
1.3.13	Recreation Fund Custodian has completed the required <i>CNIC Afloat Recreation Program Management</i> learning event (Should be completed prior to but no later than one month after assumption of duties)		10	
1.3.14	At least two ship's company personnel have completed vendor provided maintenance and repair training for exercise equipment.		8	
Percent compliance with this metric			62	

Metric 2.1 Percent Compliance with Facility Square Footage Requirements

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Metric		Square Feet	Meet Standard	Possible Score	Actual Score
Calculate the number of square feet utilized for each space requirement. Check the box for each space that meets at least 100% of the requirement.					
2.1.1	Library Multimedia Resource Center	150		5	
2.1.2	Recreation Gear Storage	95		8	
2.1.3	Fitness Equipment Gear Storage	25		8	
2.1.4	Fitness Space	4288		10	
2.1.5	Staff Office (Not a stateroom)	100		10	
Percent compliance with this metric				41	

Metric 2.2 Percent Compliance with Qualitative Facility Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Metric		Meet Standard	Possible Score	Actual Score
Library Media Resource Center (LMRC)				
2.2.1	Contains adequate lighting, electrical power and ventilation to support personnel and office equipment.		10	
2.2.2	Internet connections are provided for each PC.		8	
2.2.3	Sound levels are under 84 decibels.		1	
2.2.4	Adequate furnishings (shelves, desks, chairs) are provided.		5	

Recreation Gear Storage				
2.2.5	There are adequate shelving, bins, and open-end cubicles for storage of equipment and supplies.		8	
2.2.6	Storage space can be secured.		8	
2.2.7	Space has adequate lighting and is climate controlled for temperature and humidity.		10	
Fitness equipment parts storage				
2.2.8	There are adequate shelving, bins, and open-end cubicles for storage of equipment and supplies.		8	
2.2.9	Storage space can be secured.		8	
2.2.10	Space has adequate lighting and is climate controlled for temperature and humidity.		10	
Exercise Space				
2.2.11	20 amp 115-120 volts dedicated circuit is provided for each treadmill.		10	
2.2.12	Adequate power is provided for all other electrical equipment.		2	
2.2.13	Resilient rubber flooring is provided in all strength equipment areas.		7	
2.2.14	All exercise equipment is safely secured for sea.		3	
2.2.15	Air circulation levels are maintained at a minimum of 10 air exchanges per hour.		8	
2.2.16	Sound levels are under 84 decibels. Sound sources include exercise equipment in use, stereo sound system, conversation, etc.		1	
2.2.17	Space is well lit in order to ensure the proper use and the safety of personnel using the equipment.		10	
2.2.18	The floor is designed to bear the load of weight machines and equipment (minimum 45.36 kilograms per .1 square meter or 100 pounds per square foot).		3	
2.2.19	A water fountain or cooler (either portable or permanent) is available within or adjacent to the fitness activity areas.		5	
2.2.20	Fitness spaces have hygienic cleaning supplies for sanitizing fitness equipment.		8	
Staff office				
2.2.21	Contains adequate lighting, electrical power and ventilation to support personnel and office equipment.		10	
2.2.22	Minimum of 2 internet connections are provided.		10	
2.2.23	Minimum of 2 telephone connections are provided (one with direct access to outside lines, DSN and commercial incoming and outgoing).		7	
2.2.24	Located near crew gathering area.		5	
2.2.25	Office spaces are not located in state rooms.		10	
2.2.26	Office space can be secured		10	
Percent compliance with this metric			185	

3.1 Percent of Programs Offered in Compliance with Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Find the appropriate condition for this ship (Underway, In Homeport or in the Yards). To receive a correct score, make sure the boxes are checked for only one ship condition. See Introduction for explanations about program types and examples.

Under way		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.1.1	Directed/Filler Activities	30		10	
		20		8.5	
		16		7.5	
3.1.2	Skill/Knowledge	3		10	
		2		8.5	
		1		7.5	
3.1.3	Command-wide Event	2		10	
		1		8.5	
		-		7.5	
3.1.4	Competitions	10		10	
		6		8.5	
		6		7.5	
3.1.5	An LMRC is available to the crew.			8	
3.1.7	A recreation gear locker is available to the crew at least 10 hours per day.			8	
3.1.8	MWR Division publishes a schedule of trips/tours/outings available in advance of liberty port visits.			7	
3.1.9	MWR Division provides information on tours and points of interest in advance of liberty port visits.			6	

3.1.10	MWR Division provides an opportunity for the crew to sign up for trips/tours/outings in advance of liberty port visits.			10	
Percent compliance with this metric				79	

Home port		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.1.11	Directed/Filler Activities	2		10	
		1		8.5	
		-		7.5	
3.1.12	Skill/Knowledge	4		10	
		3		8.5	
		2		7.5	
3.1.13	Command-wide Event	1		10	
		-		8.5	
		-		7.5	
3.1.14	Competitions	4		10	
		2		8.5	
		1		7.5	
3.1.15	Trips/Tours	6		10	
		4		8.5	
		1		7.5	
3.1.16	An LMRC is available to the crew.			8	
3.1.18	A recreation gear locker is available to the crew at least 10 hours per day.			8	
3.1.19	MWR Division publishes a schedule of trips/tours/outings available.			7	
3.1.20	MWR Division provides information on tours and points of interest.			6	
3.1.21	MWR Division provides an opportunity for the crew to sign up for trips/tours/outings.			10	
3.1.22	MWR Division offers tickets for local and regional attractions (e.g. movies, sporting events, concerts, theme parks, etc.)				
Percent compliance with this metric				98	

In the Yards		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.1.23	Directed/Filler Activities	2		10	
		1		8.5	
		-		7.5	
3.1.24	Skill/Knowledge	6		10	
		4		8.5	
		2		7.5	
3.1.25	Command-wide Event	1		10	
		-		8.5	
		-		7.5	
3.1.26	Competitions	4		10	
		2		8.5	
		1		7.5	
3.1.27	Trips/Tours	10		10	
		8		8.5	
		6		7.5	
3.1.28	An LMRC is available to the crew.			8	
3.1.29	A recreation gear locker is available to the crew on request.			8	
3.1.30	MWR Division publishes a schedule of trips/tours/outings available.			8	
3.1.31	MWR Division provides information on tours and points of interest.			8	
3.1.32	MWR Division provides an opportunity for the crew to sign up for trips/tours/outings.			10	
3.1.33	MWR Division provides an opportunity for the crew to sign up for trips/tours/outings.			10	
Percent compliance with this metric				102	
Total Percent Compliance with this metric Underway, Home Port, In the Yards:					

3.2 Percent of Fitness Activities Offered in Compliance with Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

Under way		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.2.1	Skill/Knowledge	20		10	
		15		8.5	
		10		7.5	
3.2.2	Command-wide Events	1		10	
		-		8.5	
		-		7.5	
3.2.3	Competitions/Tournament	3		10	
		2		8.5	
		1		7.5	
3.2.4	Directed Activities	120		10	
		90		8.5	
		70		7.5	
3.2.5	Intramural Sports (Captain’s Cup)	At least 4 sports/yr		10	
		At least 3 sports/yr		8.5	
		At least 2 sports/yr		7.5	
Percent compliance with this metric				50	

Home port		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.2.6	Skill/Knowledge	10		10	
		8		8.5	
		6		7.5	
3.2.7	Command-wide Events	1		10	
		-		8.5	
		-		7.5	
3.2.8	Competitions/Tournament	3		10	
		2		8.5	
		1		7.5	
3.2.9	Directed Activities	48		10	
		40		8.5	
		30		7.5	
3.2.10	Intramural Sports (Captain’s Cup)	At least 4 sports/yr		10	
		At least 3 sports/yr		8.5	
		At least 2 sports/yr		7.5	
Percent compliance with this metric				50	

In the Yards		Activities/ Month	Meet Standard	Possible Score	Actual Score
Calculate the average number of times each type of program is conducted per month. Check the box in the section that is the closest with going over.					
3.2.11	Skill/Knowledge	2		10	
		1		8.5	
		-		7.5	
3.2.12	Command-wide Events	2		10	
		1-		8.5	
		-		7.5	
3.2.13	Competitions/Tournament	3		10	
		2		8.5	
		1		7.5	
3.2.14	Directed Activities	40		10	
		30		8.5	
		20		7.5	
3.2.15	Intramural Sports (Captain’s Cup)	At least 4 sports/yr		10	
		At least 3 sports/yr		8.5	
		At least 2 sports/yr		7.5	
Percent compliance with this metric				50	

4.1 Percent Recreation Equipment in Compliance with Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Recreation Programs Afloat*

Metric		Meet Standard	Possible Score	Actual Score
Recreation Gear Locker				
4.1.1	The ship's gear locker contains a variety of recreation equipment to support the ship's recreation program. Equipment includes but is not limited to the following:			
	<p>Gear should include a wide variety of equipment to meet the diverse recreational interests of the crew.</p> <p>Picnic Bags (bats, bases, balls, catcher equip., softball gloves, Frisbees, squirt guns, volleyball equipment, horseshoes)</p> <p>Box/board games (such as Risk, Chess, Checkers, Dominos, Cribbage, Battleship, Trivial Pursuit, Backgammon)</p> <p>Playing cards</p> <p>Basketball, Footballs, Soccer balls</p> <p>Fishing rods w/reels</p> <p>Water coolers</p> <p>Ice chests</p> <p>Dart boards</p> <p>Video game players</p> <p>Computer games</p> <p>Hand held video games</p> <p>Cornhole equipment</p> <p>Gear should include a wide variety of equipment to meet the diverse recreational interests of the crew.</p>			
Recreation Program Equipment (for ship wide events)				
4.1.2	The ship's recreation programming equipment includes a variety of gear to support the ship's intended program. Equipment includes but is not limited to the following:			
	<p>All ships</p> <p>Bingo equipment</p> <p>Karaoke machine</p> <p>Movie equipment</p> <p>Portable PA system</p> <p>BBQ equipment (all but subs)</p> <p>Large deck</p> <p>Band equipment</p> <p>Basketball system</p> <p>Inflatables</p>			

4.1.3	Ship's recreation equipment has been evaluated for replacement by the DFS staff within the last 6 months.		10	
Library Multimedia Resource Center (LMRC) Equipment				
4.1.4	Shelving for paperback books		3	
4.1.5	Computer station (s)		5	
Movie Equipment The ship has the following equipment to show movies:				
4.1.6	Site TV System		5	
4.1.7	Navy Digital Video Disk (NDVD) Player		5	
4.1.8	Cinema at Sea Initiative (CASI) System		10	
4.1.9	Navy Digital Video Disk (NDVD)Player for CASI System		10	
Staff Office The MWR Division staff office is equipped as follows:				
4.1.10	At least 2-3 Computer workstations with office chairs		10	
4.1.11	At least 1 laptop computer with docking station		6	
4.1.12	Safe with multiple locking compartments		8	
4.1.13	All in one color printer/scanner/copier		8	
4.1.14	POS Device		6	
4.1.15	Telephones with voicemail capability		6	
4.1.16	TV with DVD player		4	
4.1.17	At least 2 four drawer filing cabinets		4	
4.1.18	Appropriate bookcases/shelving		4	
Percent compliance with this metric			124	

4.2 Percent Correct Type of Fitness Equipment in Compliance with Standards

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*

		Quantity	Meet Standard	Possible Score	Actual Score
Required Cardio Machines					
4.2.1	The ship has at least this total number of pieces of required cardio equipment from the types listed below:				
	Treadmills	51		10	
	Spinning Cycles				
	Elliptical Trainer				
	Upright Cycle				
	Concept II Rower				
	Versa Climber				
Required Strength Machines					
4.2.2	The ship has at least the following number and types of strength equipment:				
	Bench Flat/Incline/Decline	6		9	
	Dumbbells 12-Sided Urethane 5-100 St W/Rack	3			
	Adj Weight Stack Corner Cable Cross	1			
	Plate Loaded Smith Machine	1			
	NOFFS Resistance Band Kits	50			
	Suspension Training Kits	20			
Required Adjustable Weight Stack Machines					
4.2.3	The ship has at least this TOTAL number of pieces of required adjustable weight stack machines (4.4.2 included):				
	Adj Weight Stack Single Hi / Lo Pulley	8		7	
	Adj Weight Stack Corner Cable Cross				
	Adj Weight Stack Kneeling Chin / Dip Assist				
	Adj Weight Stack Leg Press / Calf Raise				
	Adj Weight Stack Mid Row / Lat Pulldown				
	Adj Weight Stack Multi-Press				

	Adj Weight Stack Pec / Rear Delt				
	Adj Weight Stack Rope Pull				
	Adj Weight Stack Seated Leg Extension / Leg Curl				
	Adj Weight Stack Standing Bicep Tricep				
Required Plate Loaded Machines					
4.2.4	The ship has at least this TOTAL number of pieces of required plate loaded machines with listed weight plates (4.2.2 included).				
	Plate Loaded 3 Way Olympic Bench (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-4, 2.5Lb-2	18		8	
	Plate Loaded Bench (Any Style)				
	Plate Loaded Iso Lat Chest/Back (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-2				
	Plate Loaded Iso Lat Front Lat Pull Down (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-2, 2.5Lb-2				
	Plate Loaded Iso Lat Incline Press (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-4,				
	Plate Loaded Iso Lat Low Row (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-2, 5Lb-2, 2.5Lb-2				
	Plate Loaded Iso Lat Shoulder Press (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-2, 5Lb-2, 2.5Lb-2				
	Plate Loaded Iso Lateral Bench Press (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-2,				
	Plate Loaded Iso Lateral Leg Curl (Weight Plates Ea Machine) 45Lb-2, 35Lb-2, 25Lb-2, 10Lb-2, 5Lb-2				
	Plate Loaded Iso Lateral Leg Extension (Weight Plates Ea Machine) 45Lb-2, 35Lb-2, 25Lb-2, 10Lb-2, 5Lb-2,				
	Plate Loaded Iso Lateral Raise (Weight Plates Ea Machine) 45Lb-2, 35Lb-2, 25Lb-2, 10Lb-2, 5Lb-2, 2.5Lb-2				
	Plate Loaded Leg Press (Weight Plates Ea Machine) 45Lb-8, 35Lb-4, 25Lb-8, 10Lb-4,				

	Plate Loaded Tree and or Rack				
	Plate Loaded Preacher Curl W/Bar (Weight Plates Ea Machine) 45Lb-2, 25Lb-2, 10Lb-4, 5Lb-4,				
	Plate Loaded Pullover (Weight Plates Ea Machine) 45Lb-4, 35Lb-2, 25Lb-4, 10Lb-4, 5Lb-2, 2.5Lb-2				
	Plate Loaded Seated Bicep (Weight Plates Ea Machine) 45Lb-1, 35Lb-1, 25Lb-2, 10Lb-2, 5Lb-2,				
	Plate Loaded Seated Calf (Weight Plates Ea Machine) 45Lb-4,25Lb-2, 10Lb-2				
	Plate Loaded Seated Dip (Weight Plates Ea Machine) 45Lb-4,25Lb-4, 10Lb-4,				
	Plate Loaded Smith Machine (Weight Plates Ea Machine) 45Lb-6,35Lb-2, 25Lb-6, 10Lb-4, 5Lb-4, 2.5Lb-4				
	Plate Loaded Vertical Knee Raise				
Equipment Maintenance – Pick one answer					
4.2.5	A preventive maintenance program is in place for strength equipment.			10	
4.2.6	Percent of strength equipment that is operational.	100%		10	
		90-99%		8.5	
		80-89%		7.5	
4.2.7	A preventive maintenance program is in place for cardio equipment.			10	
4.2.8	Percent of cardio equipment that is operational.	100%		10	
		90-99%		8.5	
		80-89%		7.5	
4.2.9	Ship’s fitness equipment has been evaluated for replacement by the Deployed Forces Support (DFS) staff within the last 6 months.			10	
Fitness Equipment Repair Parts					
4.2.12	One replacement belt for every 2 treadmills			7	
4.2.13	One extra deck for every five treadmills for surface/amphibs.			7	
4.2.14	One extra console for every 3 pieces of aerobic equipment.			7	
4.2.15	Toolkit (for Fit bosses only)			8	
Percent compliance with this metric				113	

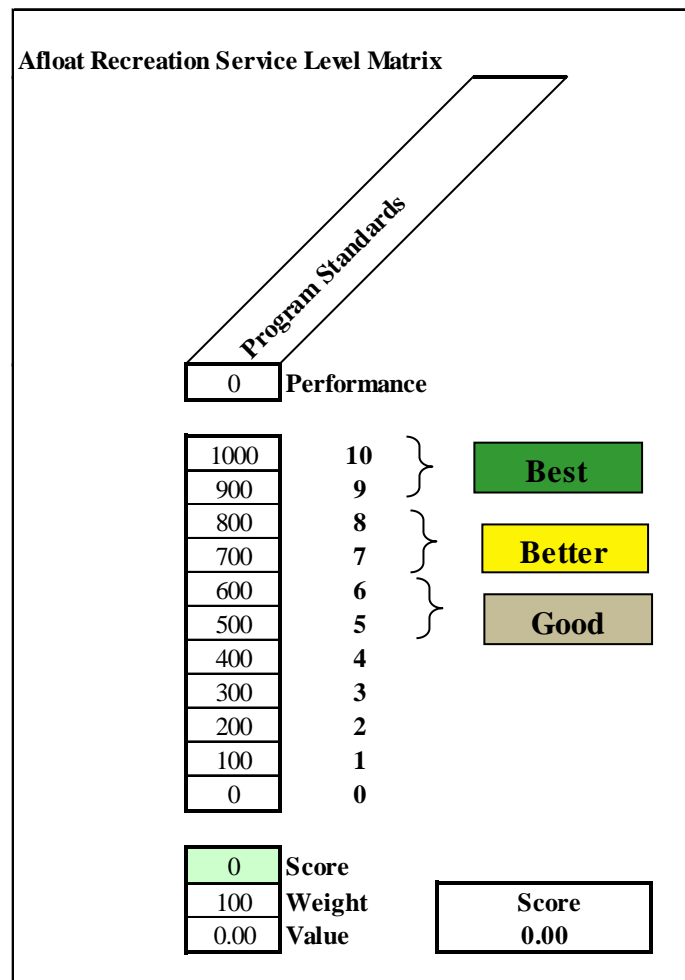
5.1 Percent Compliance with Administrative Requirements

References/Sources

- *CNICINST 1710.3, Operation of Morale, Welfare and Recreation (MWR) Programs*
- *CNICINST 1710.5, Administration of Afloat Recreation Programs*
- *Encrypted DVD (NDVD) Movie Program Management Guide, 2014*

Metric		Meet Standard	Possible Score	Actual Score
Movie Program				
5.1.1	No movies other than those provided by Navy Motion Picture Service or Armed Forces Radio and Television Service (AFRTS) are shown on SITE-CCTV or CASI System.		10	
Inspections				
5.1.2	Internal fiscal oversight was conducted by the ship's Fiscal Oversight Board in March and September of the last fiscal year.		8	
5.1.3	The ship's financial statement was submitted to CNIC no later than 1 December of the previous year.		8	
All Ships				
5.1.4	The ship received an overall outstanding score on the last CNIC Afloat Recreation Fund Program Inspection (90-100 score)		10	
	The ship received an overall satisfactory score on the last CNIC Afloat Recreation Fund Program Inspection (75-89 score).		7.5	
For Ships without a ship's store				
5.1.5	The ship received an overall satisfactory for resale for ships without a ship's store.		5	
Recreation Admin				
5.1.6	Trips/tours/outings are offered at cost or discounted.		5	
5.1.7	An after-action file is maintained on each trip/tour/outing.		7	
5.1.8	A monthly activity calendar is prepared and publicized to the crew.		7	
5.1.9	A program plan is prepared for every event.		7	
5.1.10	An after action report is prepared for every large events.		6	
5.1.11	A library of information, resources and points of contact for each Port of Call is maintained.		5	
5.1.12	Afloat Monthly Metrics report is submitted to CNIC monthly		7	

Fitness Admin				
5.1.13	A monthly activity calendar is prepared and publicized to the crew.		7	
5.1.14	A program plan is prepared for command wide fitness events.		7	
5.1.15	An after action report is written for command wide fitness events.		7	
5.1.16	Each type of fitness class has a written curriculum/ activity plan.		8	
5.1.17	Afloat Monthly Metrics report is submitted to CNIC monthly		7	
Percent compliance with this metric			121	



Program Standards Sub-Matrix

	1. Personnel	2. Facilities	3. Program	4. Equipment	5. Administration
0	0	0	0	0.0%	Performance

1000	1000	1000	1000	100
900	900	900	900	90
800	800	800	800	80
700	700	700	700	70
600	600	600	600	60
500	500	500	500	50
400	400	400	400	40
300	300	300	300	30
200	200	200	200	20
100	100	100	100	10
0	0	0	0	0

10	}	Best
9		
8		
7	}	Better
6		
5		
4	}	Good
3		
2		
1		
0		

0.0	0.00	0.00	0.00	0.00
25	15	30	25	5
0	0	0	0	0

Score
Weight
Value

Index
0

Personnel Sub-Matrix

1.1 Percent Staffing Level	1.2 Percent With Appropriate Qualifications	1.3 Percent Receiving Required Training
0.0%	0.0%	0.0%

Performance

100	100	100
95	95	95
90	90	90
85	85	85
80	80	80
75	75	75
70	70	70
65	65	65
60	60	60
55	55	55
50	50	50

10

9

8

7

6

5

4

3

2

1

0

Best

Better

Good

0	0	0
40	20	40
0	0	0

Score

Weight

Value

Index

0

Facilities Sub-Matrix

2.1 Percent Compliance with Sq Ft. Standards		2.2 Percent Compliance with Qualitative Facility Standards	
0.0%	0.0%	Performance	
100	100	10	} Best
90	90	9	
80	80	8	
70	70	7	} Better
60	60	6	
50	50	5	
40	40	4	} Good
30	30	3	
20	20	2	
10	10	1	
0	0	0	
0	0	Score	
60	40	Weight	
0	0	Value	
		Index	
		0	

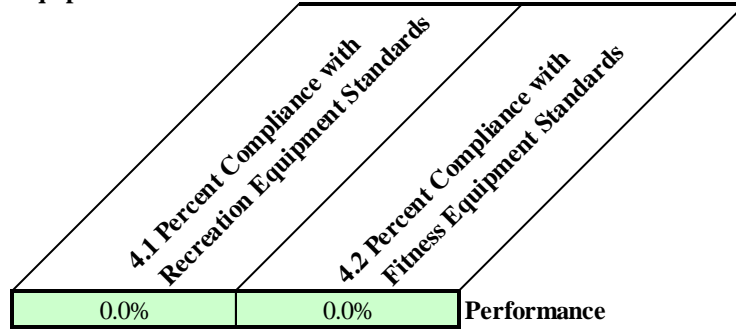
Program Sub-Matrix

<div> <div>3.1 Percent Compliance with Recreation Programming Standards</div> <div>3.2 Percent Compliance with Fitness Programming Standards</div> </div>		Performance	
		0.00%	FALSE
100	100	10	} Best
95	95	9	
90	90	8	
85	85	7	} Better
80	80	6	
75	75	5	
70	70	4	} Good
65	65	3	
60	60	2	
55	55	1	
50	50	0	
0	0		
50	50		
0	0		

Weight
Value

Index
0

Equipment Sub-Matrix



100	100	10	}	Best
90	90	9		
80	80	8	}	Better
70	70	7		
60	60	6	}	Good
50	50	5		
40	40	4		
30	30	3		
20	20	2		
10	10	1		
0	0	0		

100

0	0	Score	Index 0
50	50	Weight	
0	0	Value	