



DEPARTMENT OF DEFENSE - ARMED SERVICES YMCA MILITARY OUTREACH INITIATIVE



Military Component Approving Official (MCAO) & Delegate Contacts by Service Branch

ARMY ([website](#))

- **Active-Duty Requests:** usarmy.jbsa.imcom-hq.mbx.army-ymca@army.mil
 - POC: Joe Cavanagh, Chief Army Sports, Fitness and Aquatics, 210-834-0412, joseph.p.cavanagh.naf@army.mil
 - MCAO: Joseph Belt, 520-674-1525, joseph.b.belt.naf@army.mil
 - MCAO: Nathan Berry, 520-714-5434, nathan.j.berry3.naf@army.mil
 - **Recruiting Division Requests:** usarmy.knox.usard.mbx.g1-ymca-fitness@army.mil
 - POC: Angela Darland, Soldier and Family Assistance Program Chief, 502-626-0735, angela.d.darland.civ@army.mil
 - MCAO: Chasity Austin, 502-626-0778, chasity.j.austin.ctr@army.mil
 - **National Guard Requests:** ng.ncr.ngb-arng.mbx.ymca@army.mil
 - POC MCAO: Patrice Heyward, 703-607-8674, patrice.n.heyward.naf@army.mil
 - **Reserve Component Requests:** usarmy.usarc.usarc-hq.mbx.ymca-program@army.mil
 - POC MCAO: Robert Edwards, 910-570-8259, cell 910-849-9856, robert.j.edwards.civ@army.mil
 - MCAO: 1LT Keira Dixon, kiera.m.dixon2.mil@army.mil, 910-570-8052, cell 910-622-3616
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MARINE CORPS

- **Active-Duty Requests:** usmcasymca@usmc-mccs.org
 - POC MCAO: Emily Sizemore, 703-432-6544, emily.sizemore@usmc-mccs.org
- **Recruiting Command Requests:** mcrc_ymca@marines.usmc.mil
 - POC MCAO: Cpl James Nutter, james.nutter@marines.usmc.mil
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Delegates (Full Authority) – MCRC Districts:

- Dist. 1: GySgt Darius Brown, 516-228-5990, darius.brown@marines.usmc.mil
- Dist. 4: Nori Jackson, cell 614-441-2250, Nori.Jackson@marines.usmc.mil
- Dist. 4: GySgt Cassie Lauderdale, 614-619-5869, cassie.lauderdale@marines.usmc.mil
- Dist. 6: Sgt Soriah Wesley, 843-228-2813, soriah.wesley@marines.usmc.mil
- Dist. 6: Sgt Tyrese Kelly, 843-228-3081, tyrese.kelly@marines.usmc.mil
- Dist. 6: CWO4 Vy Phan, 843-228-3162, vy.phan@marines.usmc.mil
- Dist. 8: SSgt Menelik Collins, 817-971-5321, menelik.collins@marines.usmc.mil
- Dist. 9: Liseth (Lizz) Lara Aguilar, 847-887-8320, liseth.laraaguilar@marines.usmc.mil
- Dist. 9: GySgt Brandon Dudley, 847-887-8310, brandon.dudley@marines.usmc.mil
- Dist. 12: Maria Rodriguez Callejas, 619-738-5136, cell 619-988-0593, maria.rodriguezcallejas@marines.usmc.mil

MARINE CORPS (cont.)

- **Reserve Component Requests: MFR_SemperFit@usmc.mil**
 - POC MCAO: Tracy Touchard, Director, Marine Corps Community Services, 504-697-8123, tracy.touchard@usmc.mil
 - MCAO: Mr. Hayden Burch, 504-697-8147, hayden.burch.civ@usmc.mil
 - MCAO: Mr. Adrin Cannon, 504-697-8131, adrin.cannon@usmc.mil
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NAVY ([website](#))

- **ALL Requests (Active Duty, Reserve): usnymca@us.navy.mil**
 - POC MCAO: Gina Woodley, N92/Program Analyst, CFL Course Administrator, cell 202-826-5846, gina.p.woodley.naf@us.navy.mil
 - MCAO: Kari Hemund, 808-393-4968, kari.l.hemund.naf@us.navy.mil
 - MCAO: Joanne Zyla, 901-568-0312, joanne.c.zyla.naf@us.navy.mil
 - MCAO: Robin Morrissey, robin.w.morrissey.naf@us.navy.mil

Delegates (Limited) - Navy Cyber Defense Operations Command (NCDOC):

- CWO3 Kritzia Estrella, 757-203-0600, kritzia.m.estrella.mil@us.navy.mil
- YNCS Ruben Castelanlopez, 757-203-572, ruben.castelanlopez.mil@socom.mil
- PS1 Danielle Johnson, 757-203-0878, danielle.a.johnson5.mil@us.navy.mil
- PS2 Hillary Espinal, 757-203-0558, hillary.l.espinal.mil@us.navy.mil

Delegates (Limited) - Navy Talent Acquisition Group (NTAG) Pittsburgh:

- POC MCAO: LT Holly Weber, 412-925-1816, holly.l.weber2.mil@us.navy.mil
- CDR William Marden, 412-475-6764, william.l.marden.mil@us.navy.mil

Delegates (Limited) - Navy Talent Acquisition Group (NTAG) Red River:

- MMC Franchelle Moore, 832-488-5259, franchelle.l.moore.mil@us.navy.mil

Delegates (Limited) - Navy Talent Acquisition Group (NTAG) Empire State:

- POC MCAO: Luis Romero, 516-683-2518, luis.a.romero59.mil@us.navy.mil
- Jordan Yates, 516-683-2508, jordan.m.yates6.mil@us.navy.mil
- Brandon Ford, 516-683-2547, brandon.l.ford19.mil@us.navy.mil
- Janeice Harris, 516-683-3429, janeice.l.harris2.mil@us.navy.mil

Delegates (Limited) - USS Pierce (LCS 38):

- POC MCAO: OSC Bradley Carignan, 530-440-8248, bradley.w.carignan.mil@us.navy.mil
- Johnathan Schaak, 510-825-4606, johnathan.t.schaak.mil@us.navy.mil

Delegates (Limited) - USS John C. Stennis (CVN-74):

- POC: RSC Tyrell Rudolph, 904-553-6311
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- OSC Mychal Johnson, 858-837-3339, mychal.johnson@cvn74.navy.mil

Delegates (Limited) - USNS Mercy (T-AH 19):

- POC MCAO: LT Kevin Balibay, 703-403-3358, kevin.balibay@mercy.navy.mil
 - MMC Thuc Pham, 619-576-1330, thuc.pham@mercy.navy.mil
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AIR FORCE / SPACE FORCE

- ALL Requests (Active Duty, Guard, Reserve): afsvc.svorf.sendmail@us.af.mil

AIR FORCE / SPACE FORCE (cont.)

- POC: Michael (Scott) Nunnelly, Chief DAF Fitness Branch, 210-392-5851, michael.nunnelly@us.af.mil
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- MCAO: Capt Dallas Cook, dallas.cook.2@us.af.mil

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- POC MCAO: Capt Victoria (Tori) Thompson, 702-404-2583, victoria.thompson.9@us.af.mil

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