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NAVADMIN 071/20

PASS TO OFFICE CODES:

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SUBJ/PHYSICAL READINESS POLICY UPDATE//

REF/A/DOC/OPNAV/11JUL11//

NARR/REF A IS OPNAVINST 6110.1J, PHYSICAL READINESS PROGRAM.

RMKS/1. This NAVADMIN announces immediate suspension of the Navy physical readiness program physical fitness assessment (PFA) for Cycle 1, 2020 to minimize the risk from COVID-19 to Sailors and adhere to social distancing requirements. All personnel will be excused from participation in Cycle 1, 2020, including those who have already completed the PFA.

2. Suspension includes both the official Body Composition Assessment and Physical Readiness Test components of the PFA.

a. All official PFA records affected by this policy will be updated by the Physical Readiness Program office. The Physical Readiness Program office will work with Bureau of Naval Personnel (BUPERS) On-line to \*EXCUSE\* all Service Members in the Physical Readiness Information Management System (PRIMS) for Cycle 1, 2020.

Commands that have already begun or completed the official PFA testing should stop immediately and take no further action in PRIMIS.

Commands that have not started the PFA should not enter any data in PRIMIS for Cycle 1 2020.

b. All Navy commands are directed to immediately suspend all organized or group physical training (PT) (i.e. Command, Department or Division PT and the Fitness Enhancement Program) until further notice.

c. Exceptions to paragraph 2.a and 2.b for accessions missions (e.g. recruit training) and unit mission training requirements may be granted by the appropriate Echelon II commander with authority to delegate to the first flag officer in the chain of command.

3. Enlisted Service Members with a Soft End of Active Obligated Service before 30 July 2020 who are ineligible for retention or cannot submit a Career Waypoint (C-WAY) application due to adverse evaluations as a result of past PFA failure history and desire to stay Navy are authorized an extension to regain eligibility with command endorsement as follows:

a. Requested extension length should be of sufficient duration to allow for processing of a future special evaluation and application in C-WAY (if applicable), but must not exceed 30 September 2020.

b. Because this is an exception to policy, this action will not require a C-WAY quota (if applicable).

c. Once the Service Member successfully passes the official Cycle 2, 2020 PFA and has retention eligibility restored from the Commanding Officer (CO), the Service Member can submit their reenlistment/extension request directly to their CO, or BUPERS Enlisted Community Manager for enlisted Service Members who must use C-WAY. For Nuclear-trained Service Members, all requests must be submitted via their CO to Deputy Chief of Naval Operations Nuclear Program Manager. In all cases, PRIMS results must show the Cycle 2, 2020 results.

4. Officers who may be impacted by this NAVADMIN should contact the Officer Performance and Separations Branch.

5. Points of Contact.

a. Physical Readiness Program. AMCS Eric Anderson, Physical Fitness Branch, at (901)-874-4376, DSN 882 or via email at [eric.anderson@navy.mil](mailto:eric.anderson@navy.mil).

b. Personnel Issues. MyNavy Career Center, 1-833-330-6622 or via e-mail at [askmncc@navy.mil](mailto:askmncc@navy.mil).

6. This NAVADMIN will remain in effect until superseded or canceled, whichever occurs first.

7. Released by Vice Admiral John B. Nowell, Jr, N1.//

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