

TIPS TO KEEP YOUR FIELD IN PRISTINE CONDITION

- Walk your field regularly and inspect it for any necessary repairs. Report and repair them right away.
- Encourage players to walk the field after each practice or game and simply pick up any trash or debris found on the field.
- Groom the field on a regular basis as outlined by the manufacturer. This keeps the fibers standing tall and your field in optimal playing condition.
- Promote even wear on your field to avoid excessive use of specific areas such as goal mouths. If possible, alternate practices/competition on different sections of the field.
For example: Due to the repetitive nature of the marching band, encourage practices to alternate from the home side to the visitor side. This will avoid excessive wear on hash marks and yard lines.
- Pay special attention to areas that get repetitive wear and when the infill looks low from displacement, brush in infill from higher surrounding areas to even out the level of infill.

Rules of the Field

- Molded cleats or other athletic shoes only
- No sharp objects—including tent stakes, corner flags or other objects that can penetrate the surface of the field
- No food items - including gum and sunflower seeds
- No tobacco products of any kind
- No sports drinks or liquids other than water
- No pets
- No bicycles or unapproved vehicles
- Approved athletic equipment only
- No harsh chemicals such as ammonia & bleach

Weekly Field Maintenance Checklist

- Keep the field clean of debris at all times.
- Place trash receptacles strategically around the field to encourage cleanliness.
- Keep vehicles off of the surface as much as possible.
- Control access to the field to avoid vandalism and improper use.
- Report any damage or issues needing attention to your turfs manufacturer immediately.
- Post “Rules” signs at all entrances.